

PROGRAMME MENU

For Churches | January – December 2023



FAMILY LIFE MINISTRY

MARRIAGE

T Intimate Marriage: *Cultivating sexual intimacy and marital passion*

Research shows that the best sex is that within a committed, monogamous marriage. Yet many married couples struggle in the area of physical intimacy. What prevents us from baring it all to our spouse? Acquire time-tested practical wisdom for a candid insight into what can enhance your love life and turn a good marriage into great marriage!

T Till Debt Do Us Part: *Navigating money matters in marriage*

Finances has been identified as one of the top 3 issues that contribute to conflict amongst couples in Singapore, and can even result in marital breakdown. Fortify your marriage against money problems and discover how you can achieve financial and relational wellness as a couple!

PARENTING

T Raising Future-Ready Kids: Relational Health & Sexual Intelligence

Talking about sex can be one of the most daunting tasks for parents, especially if we never had the subject broached with us when growing up. How then can we confidently discuss healthy sexuality, love and relationships with our children? Derive parental guidance on how to equip your child to make wise decisions from young for their body and their love life!

T Raising Future-Ready Kids: Mental & Emotional Resilience

We live in an increasingly fast-paced and competitive society often described as a VUCA (Volatile, Uncertain, Complex, Ambiguous) world, where the pressure to succeed and perform can leave our children feeling more overwhelmed than motivated. How can we nurture our child's psychological resilience to better manage stress and build B.O.U.N.C.E for the bumps in life?

T Raising Future-Ready Kids: Suicide Prevention & Mental Health

Life brings with it the inevitable challenges that can sometimes threaten to derail our child. How would you know if your child is experiencing overwhelming anxiety, demonstrating signs of depression, or has even entertained thoughts of suicide? Discover how to be the first – and last – line of defence for your child's mental wellbeing, so they can thrive in life!

T Raising Future-Ready Kids: School Readiness & Social Intelligence

Transitions are a part and parcel of life, but how can we prepare our child and give them a headstart for primary/secondary school? Understand your child's changing world and learn how you can equip your child holistically to embrace change, get along well with others and confidently engage the world!

T Raising Future-Ready Kids: Media Literacy & Digital Intelligence

New technology and social media have exposed our children to information and interactions never before imagined. While exciting, it can also pose dangers unknown while navigating the virtual world. Plug into cyberspace to empower your child to develop digital savvy in media discernment, online safety, data privacy and digital etiquette.

W

The ParentEd™ Dialogues: *Personalised parenting solutions across life stages*

- Dialogue 1 | The Parent Species: Becoming the parent we want to be
- Dialogue 2 | C.S.I – Child Species Investigation: Bringing out the best in your unique child
- Dialogue 3 | Creative Correction: Making discipline firm and friendly
- Dialogue 4 | High-5s at Home: Nurturing the parent-child relationship

These dialogues promise candid sharing and stimulating conversations among likeminded sojourners on the parenting journey. Acquire timeless principles, priceless perspectives and practical tools for informed, involved and intentional parenting!

W

The Modern Family [Parent Edition]: *Understanding LGBTQ relationships & activism*

With so much talk and constant media bombardment on the LGBTQ+ issue, how can we make sense of gender, homosexuality and same-sex attraction from a Christian perspective? Gain practical handles to engage your child on the topic and strengthen their biblical convictions and moral courage to make a stand.

PARENT-CHILD

W

Talk About Anything: *Safe conversations between parent and tween (aged 10-12)*

If you're finding it challenging to get through to matters of the heart or to the heart of the matter, here's an opportunity to have facilitated, real-time, honest conversations with your blossoming teenager on touchy topics about growing up or anything that matters!

[Choose 1 topic per session]

- relating as a family
- media and technology
- love and sex

FAITH @ HOME

W

Christian Home Makeover: *Strengthening faith at home*

For early Christians, the home was synonymous with church. But today, the distinction between personal matters and profession may result in a different private vs public life. How can we pass on faith to our children and live an authentic faith where "as for me and my household, we will serve the Lord"?

**Whole Life Inventory™:** *Understanding the state of the family in church*

Assess the health of your church congregation in the 5 pillars of family discipleship — Faith, Identity, Relationships, Sexuality and Values — with this locally-developed, multi-dimensional online tool designed to help churches raise thriving families of faith.

**Family-Themed Pulpit Sermons:** *Building Christian marriages and families of faith*

Addressing the state of the family, marriage, family life or relationships, these specially crafted faith messages by one of Focus on the Family Singapore's trusted leaders and/or family experts will inspire and equip families to live out God's design on Mother's/Father's Day or during any family-emphasis weekend.

**Family Life Equipping:** *Raising family champions in the church*

Equip ministry leaders, pastoral staff and matured couples to disciple and journey with families:

- ParentEd™ Training (Train-the-Trainers)
- SexEd™ Training (Train-the-Trainers)
- Family Life Ministry Internships with Focus on the Family Singapore

T **Talk:** 45mins – 1hr

W **Workshop:** 2-3hrs

Conducted online (on Zoom) or onsite, unless otherwise stated. Fees and conditions apply.

YOUTH AND YOUNG ADULTS' MINISTRY

W FamChamps® All in the Family: **Acknowledge**

...how your family of origin shapes who you are

Ask almost any youth, and they would say that family is important. But how exactly does family make a difference in their lives? Through this interactive workshop, youths will explore their family experiences and relationships to discover the true value of family!

W FamChamps® All in the Family: **Appreciate**

...the importance and role of parents in a teenager's life

"Why can't my parents understand me?" "Why are my parents like that?" Misunderstanding and miscommunication between parent and child are common, but can they be of any good? Through this interactive workshop, youths will discover how parents think and learn useful tips to communicate with them.

W FamChamps® All in the Family: **Advance**

...your dream for your present and future family

"What's the difference between infatuation and love?" "When should I start a relationship?" "Is there still such a thing as love at first sight?" Through this interactive workshop, youths will better understand love in relationships and start thinking about the future spouse and family they would like to have.

W SexEd™ Workshop: *Cultivating secure identity, true intimacy & authentic relationships*

Today's highly sexualised culture can overwhelm us with conflicting ideas about love, sex and relationships. Knowing the facts about love and God's truth about sex empowers us to make healthy and beneficial life choices, so that we can enjoy His blessings of real love, true intimacy and genuine freedom.

Explore God's design for sexuality and relationships in 5 modules:

1. **Sexual Identity:** What determines my sex? How do I know my sexual orientation? What's wrong with premarital sex?
2. **Sexual Integrity:** What is the purpose of sex? What does sexual wholeness mean to me? How important is sexual health and purity?
3. **Sexual Intelligence:** How do values and sexual consent affect decision making? How can I navigate love and relationships?
4. **Sexual Issues:** How do I make sense of the different sexual orientations and gender identities? How does masturbation, pornography or abortion affect me?
5. **Sexual Discourse:** How can I have a safe conversation about sexuality? What do I do when my sexual values differ from the crowd?

W The Modern Family [Youth Edition]: *Understanding LGBTQ relationships & activism*

With so much talk and constant media bombardment on the LGBTQ issue, how can we make sense of homosexuality and same-sex attraction from a Christian perspective? What does it matter to us as individuals, the Church or society? What does the Bible say about sexual orientation and gender identity? How do we respond as Christians?

W The 1825 Collective™ *Empowering youth (aged 18-25) in the worldview of family*

Nowadays, a conversation on social issues or family values can become an intimidating affair, or even trigger conflict and create divide. Partake in an immersive and interactive programme with intentional mentoring to unravel how you can effectively engage on hot-button cultural issues about relationships, sexuality, marriage and family.

Level 1: Believe

- Why Family?
- Family Trends & Issues
- 1825 Views on Marriage, Dating & Sexuality

Level 2: Live Out

- My Family Life Story
- Marriage Mindsets
- Economics of Sex

Level 3: Champion

- Sex & Sexuality
- The Politics of Family
- Culture Engagement

T Talk: 45mins – 1hr

W Workshop: 2-3hrs

Conducted online (on Zoom) or onsite, unless otherwise stated. Fees and conditions apply.

EVENT & TRAINING CALENDAR 2023

FEBRUARY

2

6.30pm-10.00pm

Hybrid

State of the Family 2023: *Coming of age*

Discover emerging trends affecting the Family, and gain insights on how to tackle systemic issues youth and families face in the areas of marriage, parenting and sexuality education. Engage in discussion and connect with likeminded family champions, marketplace and church leaders.

Free

3-17

Online Campaign

Celebrate Marriage Campaign: **#SoMuchMore with Your Forever Date**

There is no perfect marriage. Yet vibrant growth and genuine restoration is possible in marriage, despite the challenges. Celebrate marriage through personal stories, digitised content and practical resources to encourage married couples at different life stages to reconnect and recommit to strengthen their covenantal bond.

Free

MARCH

4

10am-12pm

Webinar

Raising Future-Ready Kids: **Relational Health & Sexual Intelligence**

Talking about sex can be one of the most daunting tasks for parents, especially if we never had the subject broached with us when growing up. How then can we confidently discuss healthy sexuality, love and relationships with our children? Derive parental guidance on how to equip your child to make wise decisions from young for their body and their love life!

\$35/pax
(Early Bird)

\$50/pax
(Regular)

APRIL

20-22

Onsite

SexEd™ Training: *Shaping the culture on sex for the next generation*

Get equipped to disciple youths and parents in the biblical worldview of sex! You will gain access to a comprehensive and integrated biblical framework for life-stage sexuality education including programme content, topical resources, teaching tools and engagement tips to conduct your own sexuality lessons and worldview dialogues on sex.

\$380/pax
(Group of 4)

\$480/pax
(Regular)

MAY

5-15

Online Campaign

Mother's Day Campaign: **Take a Moment**

Mums can often feel exhausted, anxious or guilty with the myriad of responsibilities and concerns they carry. Invite mums to take a moment and find real rest by rediscovering who they are, through personal stories, digitised content and practical resources that affirm and celebrate their worth.

Free

27

5.30pm onwards

Mixed Format

The Select™ [Night Edition]: **Mission 1114**

For parent and child aged 11-14

Parent and Tween/Teen are challenged to take on a mission as secret agents stepping into each other's world and navigating life's transitions together. This interactive and guided adventure promises a fun and memorable way to build deeper connections and launch the young person into new independence and greater maturity.

\$75/pair
(Early Bird)

\$110/pax
(Regular)

JUNE

9-19

Online Campaign

Father's Day Campaign: **Call of Daddy**

Fatherhood changes a man for life by uncovering new realities otherwise unknown. Through personal stories, digitised content and practical resources, fathers are challenged to answer the Call of Daddy in capitalising on the small, everyday moments with their children and seeking out camaraderie with other dads.

Free

JULY

13

7.00pm-9.30pm

Onsite

The 1825 Collective | Level 1: Believe

It's not always easy to talk about the family, especially when no family is perfect and young people can find relationships at home challenging. Hear the different family stories of youths, dialogue on family issues, and rediscover why family matters.

\$30/pax

AUGUST

19

7.00pm-9.30pm

Onsite

Best Date Ever™: A unique date with your forever Date

Revive the romance and renew intimacy with your spouse over a curated menu and facilitated programme designed for husbands and wives to connect more deeply with each other. Step out of the marriage routine and give your relationship a new experience!

\$200/couple
(Early Bird)

\$240/couple
(Regular)

SEPTEMBER

16, 23 & 30

9.30am-12.30pm

Onsite

The 1825 Collective | Level 2: Live Out

The world today provides controversial sexual images and conflicting advice about sex. Be equipped with accurate facts, biblical values and real-life experiences to concretise your worldview on marriage and family. Be empowered to translate your family values into practical principles for healthy relationships.

\$55/pax

OCTOBER

29Sep-9Oct

Online Campaign

Children's Day Campaign

Helping parents to celebrate their unique child, nurture connectedness and build protective factors for their success.

Free

NOVEMBER

11

2pm-5pm

Onsite

Date with Dad™

For father and daughter aged 11-14

Affirm and celebrate your teen daughter's milestone and journey to becoming a confident young woman! Engage in deeper conversations and create memories through special rite-of-passage moments facilitated during the event.

\$185/pair
(Early Bird)

\$225/pair
(Regular)

JANUARY 2024

13, 20 & 27

9.30am-12.30pm

Onsite

The 1825 Collective | Level 3: Champion

Get equipped as part of a community of likeminded young family champions to engage confidently in conversations on family values and sexual issues affecting culture. Be empowered to champion the cause of Family by upholding the timeless institution of marriage as well as God's design for sexuality, using science, natural law and logic.

\$55/pax

For enquiries, please contact us at:

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